

*Your*

## Union Assistance Program (UAP)



### Unlimited Telephonic Counseling

Members speak directly with our professional staff counselors 24 hours a day, 365 days a year, via a toll-free number. Every counselor has a Master's or Ph.D.

- Staff counselors provide direct in-the-moment counseling and act as case managers when referrals are made to local counselors or other work-life or wellness resources.
- Counselors offer help with these and other issues: Family, Stress, Mental Health Issues, Loss and Grief, Job Related Difficulties, Life Changes.



**Union**  
Assistance Program

*A division of ESI*

*Call or log on to  
the website today!*

**[www.UnionAP.com](http://www.UnionAP.com) | 800.252.4555**